

# Healthy Schools, Healthy People

## 2013 National Awards Recipients

**Top Award:**  
**Litchfield Senior High FCCLA**  
**Chapter**  
(Litchfield MN)





# About SNAP

The “Healthy Schools, Healthy People, It’s a SNAP!” program is a joint initiative of the Centers for Disease Control and Prevention and American Cleaning Institute.

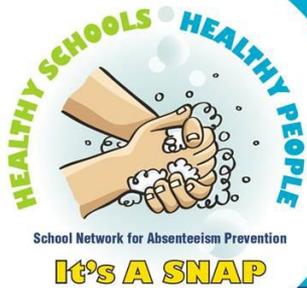
The School Network for Absenteeism Prevention (SNAP) program seeks to improve hand hygiene habits among students K-12 to help prevent the spread of infectious disease and reduce related absenteeism. SNAP is a grassroots, education-based effort to improve health by making hand cleaning an integral part of the school day.



# What's in it for you...

Create a project, activity or campaign focused on clean hands and you could ...

- Earn a cash award for your school
- All expense paid trip to Washington, DC
- Publicity for your chapter
- VIP reception
- Free products for your school



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### Top Award:

### Litchfield Senior High FCCLA Chapter (Litchfield MN)

Congratulations go to Allison McGraw, Kalley Spreiter and Abby Roediger who created a project that played on Halloween themes with the title “Germs don’t scare us – we wash them away” and a Handwashing Horrors movie that you can download from the school [website](#).





# Litchfield Senior High FCCLA Chapter (Litchfield MN)

- The students collaborated with Meeker County Public Health and the Minnesota State Public Health Department to bring Germ City to their school.
- They had projects for 3rd and 5th grade classrooms including surveys, science experiments and showing germ transfer with a black light.
- Each student was given a bookmark printed from the “It’s A Snap” website to remind them of our presentation.





# Soap, Scrub, Sing!

The students painted the mirrors by the bathrooms with their “Soap, scrub and sing” message to remind students about everything they learned. In the middle school and high school they made signs for the bathrooms to hang up in the stalls and walls by the sinks about important hand washing statistics and facts.



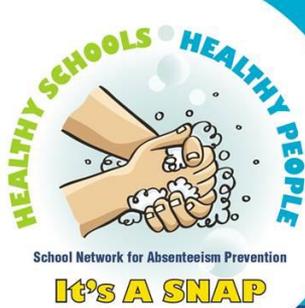


## “Germs don’t scare us – we wash them away”

- They also sponsored a hand washing video production competition for students in the high school. The winning video (right) was placed on the school website, Facebook accounts and YouTube.
- They used Twitter to send weekly messages about hand washing statistics and procedures. Their local paper featured our project and wrote a large article about our efforts.



- Their follow up survey was very encouraging with students reporting they now wash their hands over 90% of the time.
- This project reached over 1,600 students in their district and many brought this important message home to their families.

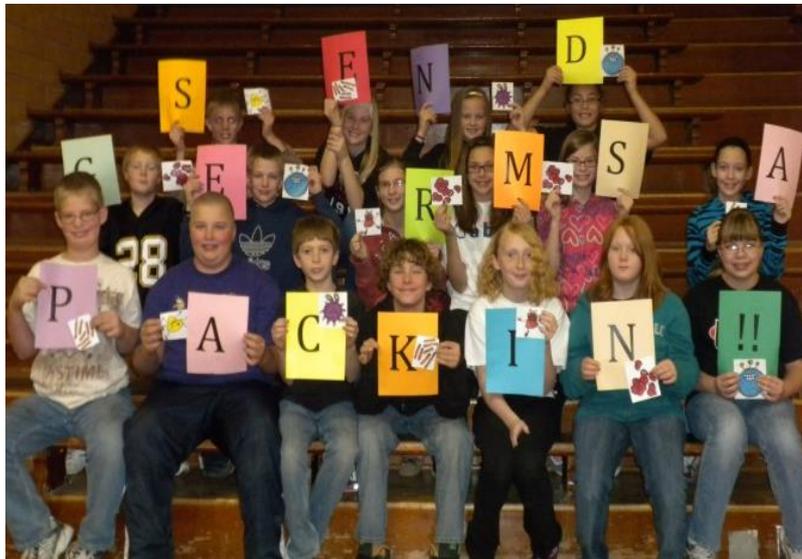


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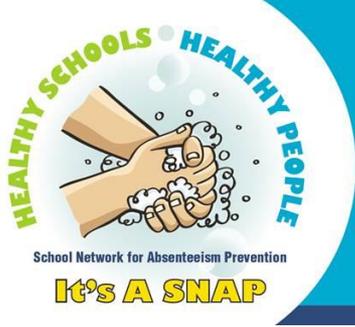
## 2013 National Awards Recipients

### Runner Up: Fulda Jr. FCCLA Chapter (Fulda, MN)

#### Send Germs A Packin'



- Kyla Fuerstenberg and Morgan Rachay taught correct hand washing techniques and conducted activities that showed students when and why they should wash their hands.
- Elementary school children enjoyed a jump rope game that showed how germs multiply just like adding people to the game.
- Jr. High students learned about important time for handwashing when cooking. They also hung posters on all the bathroom mirrors and inside and outside the cafeteria. The hallway monitor was programmed to scroll hand-washing info for all to see. It plays 24/7 so it is on during athletic events. They used colorful germs, and it caught everyone's attention.
- They also created a questionnaire for the faculty and staff. Community members were also informed via three newspaper articles, power points on the local TV channel, and PSA's on two different radio stations.



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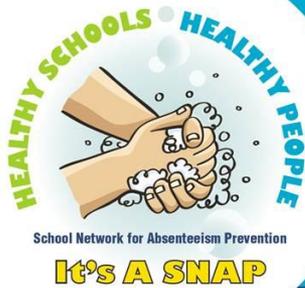
### Runner Up: New England Public School (New England, ND)

Mrs. Shannay White's freshman Family and Consumer Sciences class developed an education program to teach grades K-6 at New England Public School the importance of good hand washing practices for keeping healthy.

All the students attended an assembly program in the gym where the FACS students presented the information, answered student questions and then presented a skit to demonstrate the right things to do.



The FACS students also took Grades K-2 students to the Home Ec room to demonstrate correct handwashing and then have them each wash their hands correctly. The Gr K-2 students were each given a "Handwashing Certificate" to take home so they can teach a parent or other family member how to wash their hands correctly and bring it back signed for a treat! The FACS students used Vaseline and a black light to demonstrate how germs are easily spread for Grades 3-4 and a poster contest for Grades 5-6 and posted information about this project on the school [website](#).



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### Runner Up: New Union Elementary (Manchester, TN)

#### S'More Reasons to Wash Hands: IT FIGHTS GERMS!!!



Using a camping theme, School Nurse, Donette Porter, RN helped the students understand that germs are a form of dirt that live on every surface and are so small that you can't see them. She taught the students that GERMS can make you sick and the very best way you can get rid of GERMS is by washing your hands and she showed the students each step of good hand washing while they follow along. She advanced the information taught for each grade level.



Just like at the end of the day on any camping trip, you have to make "S'Mores", it is a given. So to help the students remember to use good hand washing practice, they made S'Mores. These S'Mores are not the kind you eat but the kind you wash your hands with.