



Healthy Schools, Healthy People

Program Information

Established in 2003, the Healthy Schools, Healthy People Program is a joint initiative from the **Centers for Disease Control and Prevention** and the **American Cleaning Institute®**. This hands-on initiative for schools is designed to help keep students in school and learning by promoting clean hands.

Why Handwashing?

Handwashing is simple but serious! It's particularly important in schools, where lots of things are shared — desks, books, pencils, food and even germs. Without proper hand cleaning, a single infection can quickly spread among students, teachers, family and friends.

Schools can use the Healthy Schools, Healthy People, It's a SNAP program to —

- Improve student handwashing
- Reduce absenteeism
- Help their school community stay healthy

National Awards:

Schools can submit a one-page summary of their handwashing project to apply for national recognition, an all-expense paid trip for 3 to Washington DC or Atlanta, GA and \$5,000 cash award. Runner-up schools receive a \$250 cash award.

- Deadline to apply for national recognition is **January 31**
- Awards are open to all public/private K-12 schools in states, territories and tribes within the US
- Your school project, activity or campaign must include the correct handwashing steps
- Learn more about Healthy Schools, Healthy People, It's a SNAP at www.itsasnap.org

How to Get Started:

Learn the correct way to wash your hands and teach your students. Then encourage them to create a handwashing project at your school. Resources and rules are online at www.itsasnap.org. Be sure to check out the [Photos](#) and [Videos](#) pages for project ideas.

Resources:

The Healthy Schools, Healthy People website www.itsasnap.org has stickers, posters and other resources you can download and make copies of to use in your school handwashing campaign or project. Additional resources are available from the ACI and CDC websites:

www.cleaninginstitute.org/cleanhands

www.cdc.gov/handwashing

Questions?

If you have any questions about Healthy Schools, Healthy People email SNAP@cleaninginstitute.org



www.itsasnap.org

